

PROGRAM
OVERHEAD AND AERIAL BASKET SCHOOL
AMEC Training Center, Jefferson City, Missouri
April 20-23, 2026

Monday, April 20

12:30 p.m. **REGISTRATION**

1:00 p.m. **WELCOME AND ANNOUNCEMENTS**
Johnnie Hendrix, Vice-President
Risk Management & Training- AMEC

1:15 pm **COVER-UP TECHNIQUES**
AB Chance

2:15 pm **RUBBER GLOVE CARD & TESTING**
Mid-America Testing & Supply

3:15 p.m. **BREAK**

3:30 p.m. **MINIMUM APPROACH DISTANCES**
AMEC Staff

4:00 p.m. **EQUIPMENT ORIENTATION**
Suppliers

4:30 p.m. **ADJOURN**

Tuesday, April 21 & Wednesday, April 22

8:00 a.m. Program will consist of six workstations, instructed by Cooperative professionals. The class will be divided into work groups and each group will rotate through the six work areas.

STATION 1 - TRAINING ON STRUCTURE TYPE – A1 REGULATOR POLE

- Regulator bypass
- Panel set-up
- Required PPE
- Use of mechanical jumpers
- Proper tools and cover-up procedures
- Truck positioning and grounding

STATION 2 - TRAINING ON STRUCTURE TYPE C-7

- Crossarm change out & transfer of phases using bucket trucks
- Required PPE
- Proper cover-up procedures
- Truck positioning and grounding

STATION 3 - SUBSTATION TRAINING AND SAFETY

- Required PPE
- Introduction to voltage regulators
- Tap changer construction
- Control panel settings
- Installation and bypassing
- Basic trouble shooting

STATION 4 - TRAINING ON STRUCTURE TYPE C-2

- Transfer of phases using bucket trucks and transfer technic
- Required PPE
- Proper cover-up procedures
- Truck positioning and grounding

STATION 5 - TRAINING ON STRUCTURE TYPE C-8

- Change switches
- Use of mechanical jumpers
- Required PPE
- Proper cover-up procedures
- Truck positioning and grounding

STATION 6 - TRAINING ON STRUCTURE TYPE DC-1

- Phase layout
- Required PPE
- Proper cover-up procedures
- Truck positioning and grounding
- Phasing and protection

4:30 p.m. **ADJOURN**

Thursday, April 23

8:30 a.m. **FALL ARREST SYSTEMS**
Tallman Equipment

10:00 a.m. **BREAK**

10:15 a.m. **OPEN DISCUSSION & TOPIC REVIEW**
AMEC Staff

11:00 a.m. **REVIEW & TEST**

11:30 a.m. **ADJOURN**

****Refreshment and lunch breaks will be scheduled at the appropriate times****

Attendees should bring - hard hat, safety glasses, rubber gloves and sleeves, hand tools, rainwear, body harness and lanyard